

Prelude to Training Program

Nov 2019 – May 2020 Saturday Schedule

11:45 am-1:15 pm unless otherwise indicated

At PANY: One Park Avenue, 8th Fl. (33rd St.)

For more information contact pany@nyulangone.org call 646-754-4870

or visit www.pany.org

Updated 11/22/19



**Psychoanalytic
Association of
New York**

Affiliated with NYU School of Medicine

<p>November 2, 9, 16 & 23, 2019 December 7 & 14, 2019 11:45am-1:15pm</p>	<p><i>A six-part series: Introduction to Theory and Technique in Psychoanalysis and Psychotherapy</i> Anne Erreich, PhD and Malini Singh, PhD</p> <p>Dr. Erreich and Dr. Singh explore the basic tenets of theory and practice in psychoanalysis and psychotherapy, including a consideration of the differences between the two. This includes a presentation of a psychoanalytic model of the mind, a model of development, and a model of technique. The second half of the series consists of presentation of analytic case material. Drs. Erreich and Singh are members of the PANY faculty.</p>
<p>January 11, 2020 11:45am-1:15pm</p>	<p><i>A Seminar on Psychodynamic Psychotherapy Technique Making Gabriel Byrne a Better Therapist - Ellen Abrams, LCSW</i></p> <p>"in Treatment" is a thought provoking HBO television series about a psychologist, portrayed by Gabriel Byrne, and his weekly sessions with patients, as well as those with his own therapist, and offers a tantalizing peek at the psychopathology of everyday life. Ms. Abrams will show clips which highlight psychodynamic psychotherapy principles and use them as a springboard for discussion about technique. Ms. Abrams is a faculty member of PANY.</p>
<p>January 25, 2020 11:45am-1:15pm</p>	<p><i>Dreams in Theory and Practice– Douglas Van der Heide, MD</i></p> <p>Since Freud's opus of 1900 the dream and the process of dreaming remain the royal road to the heart of our work. To know how to work with dreams is tantamount to knowing how to do psychoanalysis. In this lecture I will review the core discoveries of mind, starting with Freud, which explain the why and wherefore of dreaming with the goal of underscoring how to work with them in the office to enrich and deepen the therapeutic exchange.</p>
<p>February 8, 2020 *10:00am-11:30am*</p> <p>(PLEASE NOTE TIME CHANGE)</p>	<p><i>Money in the Psychoanalytic Situation - Arnold Rothstein, MD</i></p> <p>Emphasizing transference and countertransference, the presentation will focus on the experience of money within the psychoanalytic collaboration.</p>

TURN OVER FOR ADDITIONAL 2020 DATES



March 7, 2020 11:45am-1:15pm	<i>Bullying: Emotional Development, Symptom Formation, and the Impact on the Treatment Process - Charles Goodstein, MD</i> What is the relationship of bullying to the emotional development and conflicts of the bully and the bullied, as they surface within childhood and in adult life? Dr. Goodstein, PANY faculty, will discuss the particular importance
March 14, 2020 11:45am-1:15pm	<i>Topic: Mindfulness – Kathleen Lyon, MD</i> More details TBA
April 4, 2020 11:45am-1:15pm	<i>Topic: Trauma – Leslie Cummins, DSW</i> More details TBA
April 25, 2020 11:45am-1:15pm	<i>Topic: Groups – Chap Attwell, MD</i> More details TBA
May 2, 2020 11:45am-1:15pm	<i>Midlife Matters – Jason Wheeler, PhD</i> Midlife, the period that spans the "old age of youth" and the "youth of old age," brings new challenges as well as amplifying old conflicts and deficits. This presentation integrates relevant theoretical ideas with cultural and clinical examples of midlife issues. Success or failure at coping with the tasks of this period can mean the difference between negotiating a transition and suffering a crisis.
May 9, 2020 11:45am-1:15pm	<i>Couples Therapy Skills for the Dynamically Trained Clinician – Susan Resek, LCSW</i> It can be daunting for clinicians who work primarily with individuals to conduct therapy sessions with couples. Part of the challenge is shifting the focus of the clinical work from the dynamic mind of the individual to the dynamic created by the couple. In this presentation, we will review concepts from both psychoanalytic and systemic perspectives to better understand that shift, and to help clinicians gain confidence in their work with couples.

ACCME Accreditation Statement for Joint Providers

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Psychoanalytic Association of New York (PANY). The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychoanalytic Association of New York, affiliated with NYU School of Medicine is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0124.