



PANY Syllabus for Fellowship in Psychoanalysis

- **Seminar #1- What is Psychoanalysis?**

Blum, L. (2014) Why I Love Psychoanalysis and You Might Too, The Magic of Psychoanalysis is in how it happens. *Psychology Today*, May 5, 2014

Freud, S. (1912) "Recommendations to Physicians Practicing Psychoanalysis." S.E. Vol. XII: Papers on Technique and Other Works, 109-120.

- **Seminar #2- Listening to the Unconscious (Topographic Theory/Technique)**

Freud, S. (1905) "Fragment of an Analysis of a Case of Hysteria." S.E., Vol. VII, pp. 1-122. Read Prefatory Remarks, The Clinical Picture, and The First Dream.

- **Seminar #3- Unconscious Conflict (The Role of Insight based on the Structural Theory)**

Arlow, J.A. (1969) " Unconscious Fantasy and Disturbances of Conscious Experience". *Psychoanal. Q.*, #38: 1027 (PDF pp 1-12.)

Freud, A. (1966). Chpt.4. " The Mechanisms of Defense". In *The Ego and the Mechanisms of Defense*. 1966.

- **Seminar #4- The Object and Object Relations in Psychoanalysis**

Winnicott, D.W. (1949) " Hate in the Countertransference". *Int. J. Psychoanal.*, 30:69-74.

Freud, S. (1917) " Mourning and Melancholia" S.E. Vol. XIV. (Option to read the whole paper or a summary which will be provided)

- **Seminar #5- Transference and Resistance**

Grosz, S. (2013). " On being a patient" *The Examined Life: How We Lose and Find Ourselves*, 167-178.

Blum, H. (1982). " The Transference if Psychoanalysis and Psychotherapy: Points of View Past and Present, Inside and Outside the Transference". *The Annual of Psychoanalysis*, 10: pp. 117-137.



PANY Syllabus for Fellowship in Psychoanalysis *continued*

- **Seminar # 6- Countertransference (The Value of Personal Analysis or Psychotherapy)**

Jacobs, T. (1986). "On Countertransference Enactments." JAPA, 34: pp. 289-307.

Additional optional reading

Novice, J. Novice, K.K. (2000). Love in the Therapeutic Alliance. J. Amer. psychoanal. Assn., 48:189-218.

- **Seminar #7- Analytic Consultation and Beginning an Analysis)**
A Senior candidate will present material from an analysis the next two sessions.

Rothstein,A. (1994) " A Perspective on Doing a Consultation and Making a Recommendation of Analysis to a Prospective Analysand". Psychoanal. Q. 63: pp. 680-695.

- **Seminar #8- Analytic Process**

Freud, S.(1911-13). " Remembering, Repeating, and Working Through"(Further Recommendations on the Technique of Psycho-Analysis II". S.E. Vol. XII. pp.-145-156.

- **Seminar #9- Therapeutic Action (How Does Psychoanalysis Work?)**

Arlow, J.A.(1979). " The Genesis of Interpretation". JAPA Vol. 27:, pp. 193-207.

- **Seminar # 10- Future Directions: The Value of Incorporating an Analytic Identity.**

Jacobs, T. " The Possible Profession", Intro. Pp. 1-20.

Solms, M. (2018). " The scientific standing of psychoanalysis". British J.

Psychoanalysis Int. Vol. 15. #1 pp. 5-8.