

# Prelude to Training & Fellowship in Psychodynamics



**Psychoanalytic Association of New York**  
 Affiliated with NYU Langone Health

## Sep 2019 – Jan 2020 Saturday Schedule

**11:45 am-1:15 pm unless otherwise indicated**

At PANY: One Park Avenue, 8<sup>th</sup> Fl. (33<sup>rd</sup> St.)

For more information contact [pany@nyulangone.org](mailto:pany@nyulangone.org) call 646-754-4870, or visit [www.pany.org](http://www.pany.org)

<p><b>September 21</b>  <b>11:45AM-1:15pm</b></p>	<p><b>Case Presentation: Overcoming Sadomasochism - The Transformative Power of Psychoanalysis - Jennifer Schimmel, MD – Presenter; Leslie Cummins, DSW - Discussant</b></p> <p>Join us for a case presentation and discussion of a young woman's psychoanalytic journey. She was initially drawn to painful, humiliating, sadomasochistic relationships. Both her inner psychic world and her outside life consisted of only victims and perpetrators. Her gender identifications were entrenched and limiting. Through psychoanalysis she became capable of making different choices about relationships, and she avoided self-defeating behaviors. She developed over time the capacity to truly love and be loved.</p>
<p><b>October 5 &amp; 19</b>  <b>11:45AM-1:15pm</b></p>	<p><b><i>Psychosis and Psychoanalysis – Joel Gold, MD</i></b></p> <p>Before the advent of anti-psychotic medications, the only treatment options available to psychiatrists who worked with patients with psychosis in the first half of the 20th century were talk therapies and brutal somatic ones, notably frontal lobotomy. The results of the psychoanalysis of psychosis were decidedly mixed, but over the last 35 years negative, even hostile attitudes toward talk therapies with psychotic individuals have taken root. This talk will endeavor to address appropriate concerns while also revisiting the utility of a psychoanalytic approach toward patients with schizophrenia and other psychotic illness. We will review of the history of the seminal contributions of psychoanalytic thinkers to theories of psychosis, as well as their applications. The benefits, limitations and dangers of psychoanalytic treatments of psychosis will be addressed.</p>
<p><b>November 2, 9, 16 &amp; 23</b>  <b>December 7 &amp; 14</b>  <b>11:45AM-1:15pm</b></p>	<p><b><i>A six-part series:</i></b>  <b><i>Introduction to Theory and Technique in Psychoanalysis and Psychotherapy</i></b>  <b>Anne Erreich, PhD and Malini Singh, PhD</b></p> <p>Dr. Erreich and Dr. Singh explore the basic tenets of theory and practice in psychoanalysis and psychotherapy, including a consideration of the differences between the two. This includes a presentation of a psychoanalytic model of the mind, a model of development, and a model of technique. The second half of the series consists of presentation of analytic case material. Drs. Erreich and Singh are members of the PANY faculty.</p>

TURN OVER FOR ADDITIONAL 2020 DATES



<p><b>January 11, 2020</b> <b>11:45am-1:15pm</b></p>	<p><b><i>A Seminar on Psychodynamic Psychotherapy Technique</i></b> <b><i>Making Gabriel Byrne a Better Therapist - Ellen Abrams, LCSW</i></b></p> <p>"in Treatment" is a thought provoking HBO television series about a psychologist, portrayed by Gabriel Byrne, and his weekly sessions with patients, as well as those with his own therapist, and offers a tantalizing peek at the psychopathology of everyday life. Ms. Abrams will show clips which highlight psychodynamic psychotherapy principles and use them as a springboard for discussion about technique. Ms. Abrams is a faculty member of PANY.</p>
<p><b>January 25, 2020</b> <b>11:45am-1:15pm</b></p>	<p><b><i>Dreams in Theory and Practice– Douglas Van Der Heide, MD</i></b></p> <p>Since Freud's opus of 1900 the dream and the process of dreaming remain the royal road to the heart of our work. To know how to work with dreams is tantamount to knowing how to do psychoanalysis. In this lecture I will review the core discoveries of mind, starting with Freud, which explain the why and wherefore of dreaming with the goal of underscoring how to work with them in the office to enrich and deepen the therapeutic exchange.</p>
<p><b>Additional 2020 Dates and Topics TBA</b></p>	

Updated 8/6/19

ACCME Accreditation Statement for Joint Providership

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Psychoanalytic Association of New York (PANY). The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychoanalytic Association of New York, affiliated with NYU Langone Health is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0124.